



# The Queensville Quill

20317 Leslie Street, Queensville ON L0G 1R0

Phone: 905-478-4191 Fax: 905-478-4047

www.queensville.ps.yrdsb.ca

## January 2018 Edition

**Principal:** Stephanie Gilbert    **Vice Principal:** Heather Stevens  
**Elementary Office Administrative Assistant:** Lisa Mammone

**Superintendent:** Erik Khilji (905) 895-5155

**Trustee:** Lorelea Carruthers (905) 953-0562

**January's Grandfather Teaching and Character Trait:** Fairness and Wisdom: We show wisdom when we include others, treat them fairly and value their contributions

*Character  
Matters!*



## January Calendar



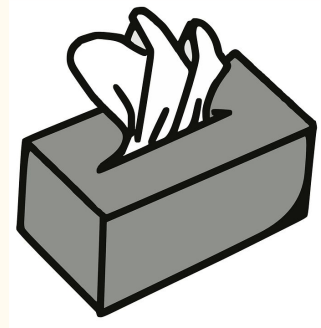
8	Welcome Back!
18	<b>Skating at EG Sports Complex 1:30-2:30 Parents welcome!</b>
19	PA Day - No School For Students
19	Registration Begins for Junior Kindergarten (Students born in 2014)
19	French Immersion Registration
26	<i>Spirit Day - Jersey/Sports Day</i>



## February Calendar



1	Black History Month Begins
2	PA Day - No School for Students
5	School Council Meeting 5:30
7	Magician Scott Boyd Visits ~11:00 am
14	Valentine's Day - Wear PINK Today Friendship Rotations
15	<i>Term 1 Reports Go Home</i>
16	<i>Skating at EG Sports Complex 1:30-2:30</i>
19	<i>Family Day- No School</i>
23	Spirit Day - Backwards Day



**As cold and flu season are upon us, we continue to be diligent with cleaning, sanitizing, and reminding students of the importance of handwashing. Here are a few reminders from Public Health to help us all try and stay healthy:**

- Stay at home when you are sick, and keep your child home if they are sick
- Keep healthy by eating healthy foods, being physically active and ensuring your immunizations are up-to-date, including the seasonal flu shot
- Avoid close contact with people who are sick
- Wash your hands often with soap and water or using an alcohol-based hand sanitizer when soap and water are not available
- Cough and sneeze into your sleeve or a tissue, not your hand, and throw away used tissues immediately
- Avoid touching your face
- Clean and disinfect common surfaces

**Symptoms of respiratory and/or enteric illness can include:**

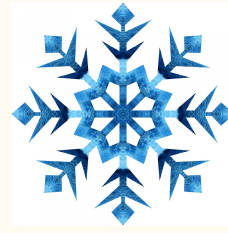
- Headache · Chills · Fever (over 38 degrees Celsius or 100 degrees Fahrenheit) · Muscle aches and fatigue · Runny nose · Sneezing · Sore throat · Watery eyes · Loss of appetite · Nausea and vomiting · Diarrhea

If you or your child are sick and do not improve, contact your health care provider. Many viruses are commonly active at this time of year, for example norovirus and influenza (flu). Both viruses are very contagious and can be spread by contact with contaminated surfaces, such as door knobs or eating utensils.

For more information, read the norovirus and flu fact sheets online at the following links:

<http://bit.ly/YRflufacts>

<http://bit.ly/YRnorovirus>



### **Inclement Weather Days**

On occasion transportation service cancellations due to inclement weather conditions may be required.

A decision to cancel school bus transportation will be **region-wide** meaning **all buses, vans and taxis will not operate. Schools will remain open.**

Parents, students and school staff are asked to access local radio and television stations after 6:00 a.m. to receive bus cancellation information. A bus cancellation message will also be available at [www.schoolbuscity.com](http://www.schoolbuscity.com) and 1-877-330-3001 or by following the YRDSB on Twitter.

Please note that **school bus charters will not operate when regular home to school service is cancelled.**

**If busses are cancelled in the morning, then they are cancelled in the afternoon as well. Please remember that if you decide to bring your child to school in the morning, you must also arrange to pick them up after school.**

Please note that if busses are cancelled, all extra-curricular activities are cancelled for that day as well. Sub lunches and pizza lunches will not be served on days that the buses are cancelled, and will be provided the following day.



### **It Takes a Village to Raise a Child**

~African Proverb~



Creating relationships with our community is an important part of the work that we do at QPS.

Our students and their families are the most important partnerships that we make each year! We appreciate all that you do to make our school such a special place including volunteering in classrooms, involvement in School Council, helping with our lunch programs, assisting with getting to students to various sports activities and so much more!

We couldn't do it without you!



# Reminders from our Wellness Team to Care for our Environment and Ourselves







# Around our School.....

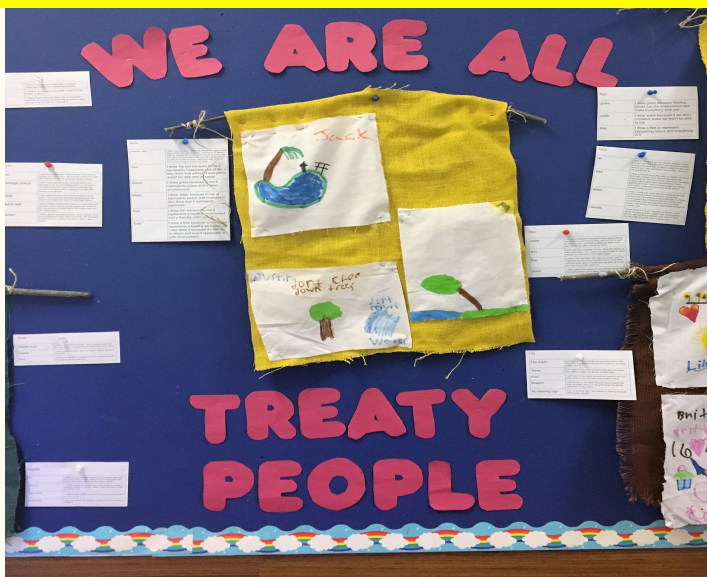
At QPS our focus on **Math, Modern Learning and Mental Health** encourages our students to develop a growth mindset, recognize that failure is part of learning, and to understand the value of trying something new.



Grade 5/6 Class has been working on discovering the difference between equity and equality.



Grade 1s and 2s work on their Animal Habitats Inquiry



Grade 3 and 4 Learning and exploring in the outdoors .....Queensville Style!



Kindergarten students investigating snow and ice.



# ZONES

## OF REGULATION



All Zones of Regulation materials were written and created by: Leah Kuypers, MA Ed. OTR/L

We are excited to announce that we have been introducing the “Zones of Regulation” to our students at QPS over the last few months.

Using the “Zones” approach teaches students how to express how they are feeling and how to regulate their emotions and behaviour using common language with staff, each other and School Assistants. You may even hear your child using the language of the Zones at home!

It is a non-threatening and effective way to help students gain awareness of how they are feeling, and to begin to rely on themselves to develop a “toolkit” of strategies that can help provide insight into events that trigger certain feelings and behaviours, calming strategies and problem solving skills.

If you have any questions about the Zones of Regulation, feel free to read more about it at <http://www.zonesofregulation.com/index.html> or contact the school.

## The ZONES of Regulation®

<b>BLUE ZONE</b> Sad Sick Tired Bored Moving Slowly	<b>GREEN ZONE</b> Happy Calm Feeling Okay Focused Ready to Learn	<b>YELLOW ZONE</b> Frustrated Worried Silly/Wiggly Excited Loss of Some Control	<b>RED ZONE</b> Mad/Angry Terrified Yelling/Hitting Elated Out of Control



## School Council Corner:



Please join us for our next School Council Meeting **Monday, February 5, 2018 at 5:30 p.m.** in the staffroom. *All are welcome!*

**The success of our School Council initiatives rely heavily on the amazing volunteers from our Community. Thank you to all of you for all you do!**

### ***School Council proudly presents: Magician Scott Boyd***

**On Wednesday February 7, 2018 at 11:00 a.m, Magician Scott Boyd will be coming to Queensville P.S. to perform for our students!**

**This presentation is free of charge. Popcorn will be provided.  
(Donations to support school council initiatives are welcome)**

<https://www.scottboydmagic.com/learn-magic>.

#### **2017/2018 School Council Meeting Dates:**

***Please join us in the Staff Room  
at 5:30 p.m. on the following  
Mondays:***

February 5  
April 9  
May 7 (tentative)

#### **Volunteer Opportunities:**

We have many opportunities (Sub lunches, Pizza lunches, Milk program etc.) for parents/guardians interested in volunteering at the school. If you have some time that you would like to spend with us, we welcome you to contact us!!












# QPS Calendar

## January 2018



Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
	1	2	3	4	5	6
7	8 Welcome 2018!	9	10 	11 	12	13
14	15	16	17 	18 Skating at EG Sports Complex 1:30-2:30 	19 PA Day - No School For Students	20
21	22	23	24 	25 	26   Spirit Day ~Wear your Favourite Jersey!	27
28	29	30	31 